



## Role of Visiting Volunteer

### COMMITMENT

- Required: Visit an isolated elder at least twice a month for a year.
- Time/ Days: Flexible- based on needs of elder and availability of volunteer.

### DUTIES AND RESPONSIBILITIES

- Participate in initial training session and activities.
- Visit isolated elders at least twice a month. If unable to make a personal visit, contact elder by phone or through correspondence.
- Outreach & Advocacy:  
Assist elder in meeting needs by working together with them, social service network, and *ElderFriends* staff.
- Keep in contact with *ElderFriends* regarding progress of relationship, elder's needs, and changes in volunteer's or elder's circumstances. Complete and return Quarterly Reports.

### QUALIFICATIONS

- Desire to establish friendship with an isolated elder.
- Effective communication skills: ability to listen attentively and initiate conversation.
- Sensitivity to needs of isolated Elder facing difficult life circumstances.

### BENEFITS

- Satisfaction of helping someone who is isolated and in need of friendship.
- Opportunity to make new friends by participating in *ElderFriends* activities for Volunteers and Elders.
- Opportunity to learn from others' life experiences and attend trainings on aging related topics and communication.

### INAPPROPRIATE ACTIVITIES

- Receiving or borrowing money or material items from elder
- Lending money
- Financial or banking assistance
- Tax assistance
- Act as representative payee, conservator or sign legal papers
- Perform any type of assistance to elder for pay (e.g., household, financial or transportation assistance)