

An Alzheimer's Café is . . .

a way for people living with dementia and their friends and family to have the simple yet meaningful experience of connecting with others and enjoying a tasty treat in a community setting. In this model, a restaurant or café sets aside a particular time to especially welcome people living with dementia – with a simplified menu and staff who are aware of the customers' special needs. An Alzheimer's Café invites people living with dementia to maintain a place in the community, rather than becoming isolated or having to withdraw from enjoyable activities.

www.alzcafes.org

