



MS Achievement Center

A holistic approach to understanding, managing and living with multiple sclerosis

MS Achievement Center is an adult day health program specially designed for persons living with multiple sclerosis. Participants benefit from working with a multi-disciplinary staff representing skilled nursing, occupational therapy, social work and case management.

Program components include:

- Comprehensive social services, including coordination of health care services
- Chronic Disease Self Management Program (CDSMP)
- Program to Encourage Active Rewarding Lives (PEARLS)
- Weekly/daily support groups
- Nursing assessment, treatment, medication management
- Physical rehab – occupational therapy through exercise, walking and specialized activities
- Stay Active Independent for Life (SAIL)
- Rehabilitative gym – including specialized exercise equipment appropriate for persons living with multiple sclerosis
- Art therapy



MS Achievement Centers are located in King and Snohomish Counties. We help arrange transportation to and from our centers.

MAKE A REFERRAL

206.528.5315 King County

425.355.1313 Snohomish County

www.fulllifecare.org

Small miracles. Extraordinary lives.