

MEET OUR HEALTH HOMES PROGRAM TEAM



Katheryn Howell, Program Director

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Katheryn believes, “Sometimes, people just need one more person that cares about them to make a difference.” She has successfully directed programs, grant deliverables and led teams for both non and for-profit businesses. Along with physician subject matter experts, Katheryn developed a geriatric curriculum for community health clinics, created career pathways for marginalized workers and launched self-management programs in affordable senior housing throughout Los Angeles County. Dedicated to helping healthcare practitioners improve their client experience, Katheryn completed WSU’s Health Care Lean Six Sigma Green Belt.



Shreejata Samajpati PhD, Data Analytics Manager

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With 8+ years of analytical expertise and an innate passion to make data-stories accessible to all, Shreejata joined Full Life Care in 2018. An applied researcher on social, health and environmental challenges, past projects include health impacts of climate-change, livelihood issues of street-food vendors in developing countries and malaria-related health threats. Shreejata holds a PhD in Economics, University of Central Florida and bachelor’s/master’s degrees, Jadavpur University, India. An ardent music-lover, she is an Indian Classical Vocalist.



Hana Ha, Billing Specialist

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Hana created and manages our billing processes, ensuring staff is supported and everything is running smoothly, “Everyone has their own story and difficulty. I feel that it’s important to be a listener and help make their day brighter whenever possible.” She’s spent 5+ years managing billing processes and data in Healthcare and graduated from University of Connecticut with a Bachelor of Arts in Economics. In her spare time, she volunteers for the Heart and Stroke Walk as well as the Walk to End Alzheimer’s.



Hannah Sateren, Program Specialist

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Hannah has seen first-hand, how the Health Home program gives clients a voice and the opportunity to focus on what’s important to them. Her mission - meet people where they are at and show compassion regardless of personal values. She’s spent more than 6 years in roles involving case management and received her bachelor’s degree in Social Work from Eastern Washington University. **Favorite quote:** *“Alone we can do so little; together we can do so much.”* - Helen Keller



Barbara Lewis, Lead Care Coordinator

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Barbara has dedicated 15 years to Social Services and established Full Life Care's Health Home Program in Snohomish County. Her mission - ensure every client feels heard, connected and valued. She has an AAS in Health Sciences, is currently pursuing a BA in Social Work and is a State Certified Care Coordinator Trainer. She also supports the Walk to End Alzheimer's and Snohomish County's Dog 4-H Program. **Favorite quote:** *"No one can develop freely in this world & find a full life without feeling understood by at least one person."* – Paul Tournier MD



Melissa Cass, Care Coordinator

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Melissa brings with her 5+ years of experience empowering underserved communities through education and collaboration. She cultivated her professional acumen working within the fields of home care, adult day health and now Health Home and built her behavioral health knowledge through undergraduate studies in psychology. Her goal - help vulnerable individuals overcome barriers to receiving quality care. Melissa believes in the power of transformation and that in order to cultivate the potential in others we must "be the change we want to see."



Christen Solberg, Care Coordinator

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Christen brings with her 5+ years in health care management along with fifteen years in customer service. She has been involved with local pet charities, fostered dogs, and has also painted people's pets for many years. She has an AA and is currently in school at the University of Washington for a bachelor's in Law, Economic, and Public Policy. Caring for others is the most important thing to Christen. Knowing she was going to make a difference in someone's life was the motivation behind this position as a care coordinator as well as everything she does in her life. She tries to live by the quote "We rise by lifting others" by Robert Ingersoll.