

Covid 19 Policies & Guidance for Full Life Care ElderFriends and Care Teams

Updated 10/17/22. Washington's Covid-19 State of Emergency ends on October 31, 2022. Full Life Care will lift health-screening requirements, building capacity and home visit frequency restrictions Monday, October 31. Masks are still required in our buildings and when working with directly with clients. Please continue to wear surgical masks or higher quality when visiting indoors or in crowded locations. We ask everyone to **stay home if you're feeling sick.**

Even though certain precautions are going away, the Covid-19 Pandemic is not over yet so we encourage everyone to be up to date on their Covid-19 and Flu vaccinations to keep ourselves, our participants, and the community safe.

- To make an appointment to receive a booster shot, please check for availability by using the [Covid-19 Vaccination Locator](#) or call the Covid-19 Information Hotline at 833-VAX-HELP
- To make an appointment for a Flu vaccine you can check for availability by using the [Flu Vaccination Locator](#)

Vaccination Requirements

- For volunteers, Full Life Care requires proof of vaccination against COVID-19. We also encourage all to stay up to date with Covid boosters and seasonal flu shots.
- For clients, Full Life Care does not require proof of vaccination against COVID-19, unless participating in a group setting. However, we encourage full vaccination for all who are able.

Illness and CDC Exposure Guidelines

We work with a population that is at higher risk for health complications associated with Covid-19 and other viruses. We ask all volunteers to assess their own health and consider potential risk factors before proceeding with any in person visits. Please monitor your own health and do not proceed with an in person visit when you are feeling ill, or have had recent known exposures. Please follow the CDC exposure guidance <https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html>

Considerations

- Respect preferences of the least risk-tolerant party, which may be you, your volunteer, their caregiver, or living facility.
- No volunteer or participant is required to meet in person. We fully support those who choose to have remote visits.
- Pay attention to changing circumstances and respect your own limits. Remote connections may be an alternative way to connect when anyone is feeling under the weather.

In-Person Visiting Requirements

- Do not proceed with a visit or outing if either of you feels sick or has viral symptoms.
- Before in-person visits, confirm with your elder friend. The health screening survey is no longer required, but we recommend a conversation about wellness, risk factors, and comfort levels before proceeding with a visit.

- Full Life continues mask requirement for in person service. Please use a surgical mask or higher quality regardless of clients' vaccination status when visiting indoors or in crowded situations. Full Life provides high quality masks, on request.
- Please take steps to increase ventilation when indoors or sharing a car ride, by opening windows.
- If you become sick after in-person visiting, notify staff.

Activity	Visiting Guidance
Phone and remote visits (video calls, Zoom, Skype)	Yes
No or low- contact drop off or brief "porch/driveway" visit	Yes
Outdoor visit	Yes
Indoor home visit	Yes
Community Outings	Yes, if driving Waiver accepted. Volunteer driving documents must be up to date, you can check this in your volunteer profile www.myimpactpage.com under My Profile>Qualifications

Please contact us with any questions or concerns:

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